



16th CMAS UNDERWATER HOCKEY
EUROPEAN CHAMPIONSHIPS SPAIN 2019

27th July – 4th August 2019
Castellón de la Plana -Spain

Information Pack



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Championship Forms

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Player Forms- **Due 30th** June 2019

1. Invitation

1.1 Championship Host Invitation

La Federación Española de Actividades Subacuáticas FEDAS and the Asociación Española de Hockey AEHS are pleased and proud to invite all the countries in Europe to participate in the 16th European Championship that will be celebrated in Castellón de la Plana from the 27th of July to the 3rd of August 2019. We will be happy to share this Championship with all of you.

Welcome to Spain!

Joan Llonch

President of FEDAS Spanish UWH commission

Marta Pons de Molina

President of AEHS

1.2 CMAS Underwater Hockey Commission Invitation

On behalf of the CMAS Underwater Hockey Commission, I would like to invite you all to attend the 16th European Underwater Hockey Championships in Spain in July/August 2019.

The organising team is well underway with preparations and we expect you will all join us to experience a very memorable and happy time in the beautiful and friendly city of Castellón de la Plana.

Tristan Reynard

Event Director, CMAS UWH Commission

1.3 Eligibility

National Federation Teams are invited to participate at this World Championship if they are affiliated to CMAS. Each National team must comply with the Championship Rules, Safety Requirements set by the Organizers and all other CMAS Rules and Regulations, including the possession of valid CMAS sport licenses.

1.4 Contact Details

Communication medium	Address	Description
Championship Email address	uwhaehs@gmail.com	Distribution of email to host organising committee and CMAS UWH Commission members
Championship Website	http://www.uwheu2019.es/	Tournament information
CMAS Website	http://www.cmas.org/hockey	CMAS Commission information
CMAS Office website	www.cmasoffice.org	CMAS Sports Licences and Division Registration.
Facebook Event Page	https://www.facebook.com/uwheuropeanchampionship2019/?modal=admin_todo_tour	Social Media Page and General Photos.

2. General Information

2.1 Background on Castellón De La Plana, España



The city of Castellón de la Plana was built in the middle of the XIII century between the Mediterranean sea and orchards of orange and lemon trees.

The maritime neighborhood of Castellon is called El Grao. It is the seaport of the city and it is situated only 4 kms away from the center of the city. There you can find the fishing port as well as the yacht club..

From this point you can hire very interesting and unique excursions to one of the best places to dive in the Mediterranean sea, **the Islas Columbretes National Park**. If you want to know this wonderful diving place, there are operators that organize day tours.

Castellón has also stunning montain landscapes in the amazing inner area. Castellon is the second most mountainous province in Spain and its peak, Peñagolosa is the highest point in the Valencian Community with 1,813 meters high. Host City Location.

2.2 VENUE

2.2.1 Piscina Olimpica Municipal (Olympic Municipal Swimming Pool)

The championship pool is situated in Carretera Ribesalbes s/n. Castelló de la Plana –Spain.

The pool hosted the National swimming championship 2013 and many different championships of Sincro swimming. It also hosted the 3rd Age groups uwh world championship 2015.

It has a large pool 50 X 25 X 25 m. which allows us to have 2 playing fields 25 X 15m. plus a warming area in the middle. There is another pool with 3 lanes 25m long for warming up and down.

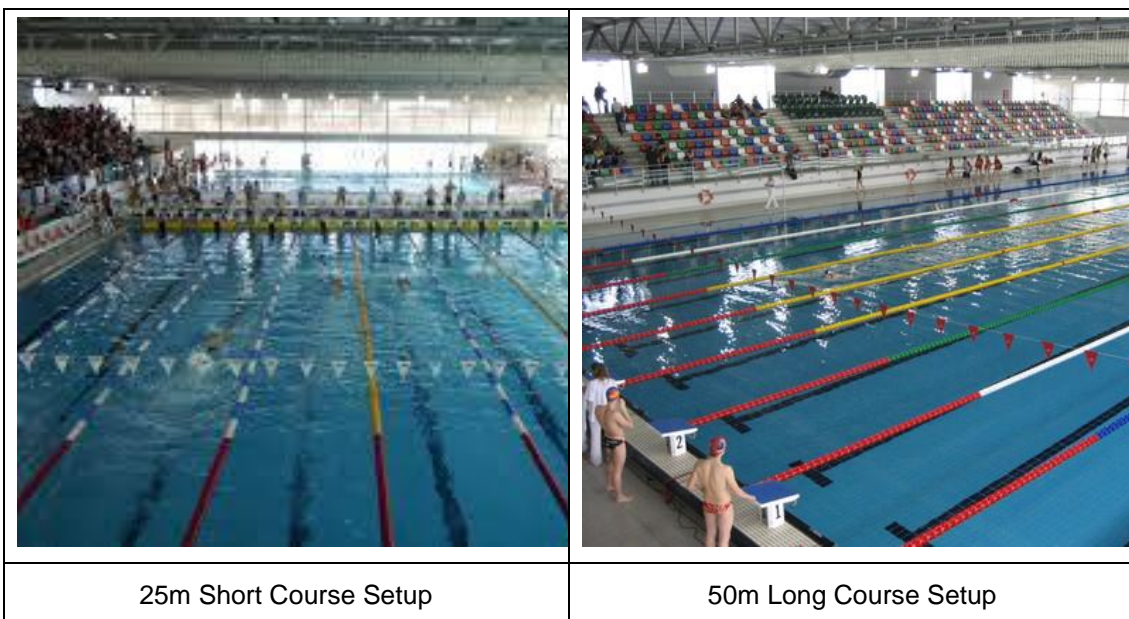
The temperature of the water is 28° C ± 1° C and has spectator seats.

The facility has a cafeteria, gym and MD service..



Location Map and Coordinates

25m Training Setup



There is a modern mall next to the pool where you can find a large variety of cafeterias and restaurants for lunch or dinner.

2.2.2 Additional Information

The official currency of Spain is the Euro

Spain follows the left hand drive system.

The metrical measure system is used in Spain

Electrical current in Spain is 220V, 50Hz, plug is two-pin round European shape.

The average temperature in August is 28 C° with a relative humidity of 29%

The sun UV is 8, very high. You will need sun screen in your walks!!

2.2.3 Web Links

<http://www.castellonturismo.com/>

<http://www.metrovalencia.es/>

<http://www.renfe.com/>

3. Tournament Details

3.1 Elite Programme

	Tournament Day							
-1	0	1	2	3	4.	5	6	7
Sat 27 th July.	Sun 28th July	Mon 29th July	Tue 30 th July	Wed 31 st July	Thur 1st Aug	Fri 2nd Aug	Sat 3rd Aug	Sun 4th Aug
Organization Logistics Paid Team Training if requested	Registration of Participants		Round Robin	Round Robin	Round Robin	Semifinals	Finales	Departure
	Referees meeting & beep test	Team Training Sessions						
	Team Training Sessions							
	Opening Ceremony	Captain, Coaches and Referees Meeting						

THIS SCHEDULE MAY BE MODIFIED DEPENDING ON THE NUMBER OF TEAMS.
Monday may become playing day.

3.2 Master Programme

1	2	3	4	5
Wed 31 st July	Thur 1st Aug	Fri 2nd Aug	Sat 3rd Aug	Sun 4th Aug
Team Training Sessions	Round Robin	Round Robin and Semifinals	Finales	Departure

THIS SCHEDULE MAY BE MODIFIED DEPENDING ON THE ATTENDANCE

3.3 General Details

The event is organised under the following rules and guidelines:

- ▶ CMAS Procedures And Obligations For The Organisation Of CMAS Championships World – Zone – Continental Version 2019
- ▶ CMAS Anti-doping Rules Version 08/2004
- ▶ <http://www.cmas.org/hockey/anti-doping>
- ▶ CMAS Rules Of Discipline Version 2011
- ▶ CMAS International Rules for Underwater Hockey. 11th Edition.
- ▶ <http://www.cmas.org/hockey/>

3.4 World Championship Puck

The Great British 'Sims' Puck is the selected puck for the championship

3.5 Tournament Divisions

Each national federation can enter a maximum of 4 teams, one per division. The divisions are as follows:

Men	Women	Age Cut Off
Master 35	Master 32	
Elite	Elite	18 -no limit

Age cut must be calculated by subtracting the year of birth from the year of tournament.

NOTE. For 2020 the age cut for ALL masters will be over 34 years.as per procedures 2019

All athletes must possess a valid CMAS license.

3.6 Player Selection and Replacement

Teams are limited to 12 players and must be selected before the submission of the team list and player profiles on the 30th June 2019. Players may be replaced between the 30 June and tournament registration on medical grounds only. This provision is to limit the increased work load on volunteer organisers that swapping players causes.

3.7 Playing Cap and Swimsuit approvals

These requests must be submitted to the Event Director by email before 31st April 2019, to: cmas.uwh.event.director@gmail.com

Please use **Cap and Swimsuit Approval Request** in your email request subject line.

As per Clause 11.2.1 All players of a team must wear identical bathing attire (suit and/or rash vest and/or shirt), which may have an imprint of their flag or country. Each team must have two sets of identical bathing attire, one light in colour (when the team is using white sticks) and one dark in colour (when the team is using black sticks), and both sets need Tournament Director approval prior to arrival at the competition.

Light Colours: White, Yellow, Light Blue, Light Grey, Orange.

Dark Colours: Black, Blue, Royal Blue, Navy Blue, Grey, Brown, Green, Red

Cap Numbers: To assist referees, cap numbers are limited to numbers between 1 and 15.

3.8 Additional Training Space

Teams that wish to arrive earlier than the allocated orientation and training days are welcome to do so from the 27th of July 2019. Charges to be paid:

Court price is Euro 50/hour per court on 27th from 9 am to 10pm. (THE COURTS MUST BE SET IN THE FIRST HOURS)

3.9 Registration and Meetings

Registration, documents check and delivery of accreditation will be undertaken at the swimming pool for all teams. The various meeting venues are to be confirmed.

3.10 Opening Ceremony

Opening ceremony will be held on the 28th of July at 19.00. The location will be announced soon.

3.11 Awards and Closing Ceremony

Awards and closing ceremony of the World Championship will be held on the 3rd of August at 18:00 pm. at the Pool at the conclusion of the finals.

3.12 Post Event Celebration

The post event party will commence at 9 PM on Saturday 3rd of August. **Price per person 40 Euro. It's the same price for party tickets than for extra party tickets.**

4. Officials

4.1 Tournament Officials

Technical delegate(tournament director):	Nathan Peall
Tournament Referees:	
Tournament Jury:	
Grading of Referees:	

4.2 Referees

Each team must supply one qualified water referee.

The tournament needs 20 suitable water referees to successfully officiate 2 matches at once.

Teams not bringing any referees at all will have to pay an additional Euro 1.000.00 € (See Section 5.3)

All Referees must pass the referee in water beep test to be considered for assessment at the start of the tournament in Castellón de la Plana.

4.3 Referee Accommodation and Transfers

The cost of Accommodation for the Referees is 640 € plus the 40 € of the final event that will be covered by the organizers. This covers accommodation for 7 nights and includes meals.

Any Referees choosing to stay with their teams will have to get their costs covered by their own federation or team.

5. Team Entry Fees

5.1 Registration and Participant Profiles

The team registration form must be submitted via email uwhaes@gmail.com.

Cc pons_marta@hotmail.com

Or it can be done via website.

A confirmation e-mail will be sent to the e-mail address provided by the team manager.

5.2 CMAS Licenses and CMAS Division Registration

All teams must register for the CMAS championship via the online CMAS administration system.

www.cmasoffice.org Your Underwater Federation has the login codes and passwords.

All athletes are required to have their valid CMAS licences in order to be able to enter into the competition area. Sports Licences requests must be applied for via the online CMAS administration system also.

5.3 Tournament Entry Fee

Teams participating at the World Championship are required to bring a Level 3 water referee and pay Euro 1500 per team*.

Final party and dinner 40€/person not included in the entry fee.

5.4 Federation Referees

Each federation is required to nominate one L3 competent water referee per team entered in the tournament subject to approval and acceptance of the Event Director as being suitable. The referee must be resident in the country they represent.

5.5 Penalties for not supplying referees

Penalty fee for non-supply of referee per team is 1.000 €

Table 3: Referee Penalties

Teams	Referee Supplied	Penalty fee for non-supply of referee
One teams	One referee	1.000 €
Two teams	One referee	750 €
Three teams	One referee	500 €
Four Teams	No referee required	0 €

5.6 Referee Nominations

5.6.1 Referee Nomination Forms must be sent to the event director before 15th of May 2019.. The Event Director will confirm acceptance of the referee generally within 7 days of the nomination.

5.7 Pick up and drop off location for referees

5.7.1 The pickup and drop off location for international referees will be Castellon, Spain.

6. Transport and Accommodation

6.1 Getting to Championship By Air

Castellón de la Plana does not have its own airport operating but the closest major airports are Valencia and Barcelona.

Valencia is the nearest, only 74 kms away, and receives and offers an enormous number of national and international flights. From here, you can take a bus or underground to Valencia and then go to Castellón de la Plana either by bus or train.

Underground ticket from Airport to Valencia is 2.90 €(return)

Train ticket from Valencia to Castellon (return) is 15 € (Depending on de date or the hour the fares may vary)

The organizers will also offer the possibility to hire a coach to get from the airport straight to the hotel at reasonable fares.

Barcelona is located 280 kms away from Castellón de la Plana and Madrid is 430 kms away. Both cities are connected to Castellon by highway

6.2 Accommodation:

PLEASE BE AWARE THAT THE ARENAL SOUND IS ON THAT DATES AND BOOK AS FAST AS YOU CAN

We have negotiated good rates with the hotels Jaime I, Hotel Luz and Hotel Castellon center. Please be aware that there is an important international musical festival in the area and the prices are higher than in august. Please book as soon as you can!!

Please write to the email addresses for the hotel of your choice. Please cc to uwhaehs@gmail.com and pons_marta@hotmail.com so we are updated.

The rates are as follows:

JAIME I * Contact reservas@hoteljaime.com, telephone number +34 964 25 03 00**
double o DSO room 53.00€/room
Breakfast buffet 6.00 / person
Meal 15.00/ person

TRYP CASTELLÓN CENTER* reservas@hotelcastelloncenter.com telephone number +34964 34 27 77**
double o DSO room 60.00€/room
breakfast buffet 8.00 / person
Meal 16.00 / person

LUZ CASTELLÓN** reservas@hotelluz.com telephone number +34 964 20 10 10**
Double room o DSO 60.00€/room
Breakfast buffet 8.00 / person
Meal 17.00 / person

Don't forget to Mention you are a team participating in European Championship to get the fare

6.3 Indicative Cost of Other Services

Should they still need some services, prices are the following:

Services	Cost	Condition
Average menu lunch	Euro 10/12day	

You can always find alternative accommodation on booking.com or Airbnb.

7. Deadlines & Conditions of Entry

All forms and payment confirmations must be completed on our website. They will get to the Organisers in Spain, the Hockey Commission. Further info : info@agegroupsuwhworlds2015.es

Appendix	Tournament Organiser Forms and Details	Deadline
A	Team Registration Form- The preliminary declaration of participating teams and their estimated numbers submitted to the Organizing Committee in Spain and Tournament Director.	No later than 28 th February 2019
A	Team Entry Form- Payment calculation form for Teams, party tickets and referees accommodation. Note 250 euro if paid after 15 th April 2019. Allows organisers to reconcile your payments.	Due 31st March 2019
B	Final Participants' List, - indicating players, referees, coaches, managers, officials, accompanying family members etc., has to be sent to the Organizing Committee	No later than the 30 th June 2019
B	Appendix 2 Anti-doping acknowledgement. One acknowledgement per player must be submitted to the Organizing Committee.	No later than the 30 th June 2019

Note: In addition to the tournament forms listed above, Federations must purchase CMAS Licenses and CMAS Division Registration as per section 5.2 of the event pack.

Appendix A

Championship Forms

Team Entry Form- Due 31stth March 2019

Team registration Forms Due 31st

March 2019 via email

uwhaehs@gmail.com cc pons_marta@hotmail.com

Team Entry Fee Calculation Form

FEDERATION	
TEAM	
Contact Name and Email	

Check that you have included:

1. Team Information
2. Team Entry Fee Form
3. Team Profile Form *
4. Tournament to supply Referee Accommodation and Food*Yes No

Entry Items	Cost	#	Sub Total
Team entry fee	1500€		
"Party" Tickets	40 €		
Payment after 31st March 2019	250 €		
Paid Pool Training Slots	50 €		
	€		
	TOTAL		

Terms of Entry

1. This form must arrive before 31st March 2019
2. Bank transfer to Asociación española de hockey subacuatico (AEHS) account and confirmation by email to: uwhaehs@gmail.com cc pons_marta@hotmail.com

BANK INFORMATION	
Bank Name:	Banco de Santander
Address:	c/ Conde de Peñalver, 46
INTERNATIONAL TRANSFER	
Bank Account Name:	Asociación Española de Hockey Subacuatico
Address	
International Bank Account Number (IBAN):	ES47 0049 5103 71 2316586000
BIC SWIFT CODE:	
Team Entry Fee Transfer Name:	2019 Euros Fees and party tickets– "Federation Name"

Appendix B

Player Forms- Due 30th June 2019

Team List Form

CMAS Players Anti-doping Acknowledgement to be handed at the registration at the venue.

Team List Forms Due 30th June 2019

Via Email to uwhaehs@gmail.com cc pons_marta@hotmail.com

TEAM LIST

NATION				
GRADE	Men		Women	
DIVISON	Elite	Master	Elite	Master

OFFICIALS	NAME	CMAS LICENCE NO:
COACH		
MANAGER		
REFEREE		
OTHER		

PLAYERS LIST

CAPTAIN

VICE-CAPTAIN

Cap#	Names	CMAS Licence Number
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		

Team List Forms Due 30th June 2019

Via Email to uwhaehs@gmail.com cc pons_marta@hotmail.com

1. C.M.A.S. Anti-Doping Rules.
2. I consent and agree to comply with and be bound by all of the provisions of the C.M.A.S. Anti-Doping Rules, including but not limited to, all amendment to the Anti-Doping Rules and all International Standards incorporated in the Anti-Doping Rules.
3. I acknowledge and agree that [National Federation] and C.M.A.S.] have jurisdiction to impose sanctions as provided in the C.M.A.S. Anti-Doping Rules.
4. I also acknowledge and agree that any dispute arising out of a decision made pursuant to the C.M.A.S. Anti-Doping Rules, after exhaustion of the process expressly provided for in the C.M.A.S. Anti-Doping Rules, may be appealed exclusively as provided in Article 14 of the C.M.A.S. Anti-Doping Rules to an appellate body for final and binding arbitration, which in the case of C.M.A.S. International-Level Athletes and National-Level Athletes of C.M.A.S. member National Federations, is the Court of Arbitration for Sport (CAS) in Lausanne.
5. I acknowledge and agree that the decisions of the arbitral appellate body referenced above shall be final and enforceable, and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.
6. I have read and understand this Acknowledgement and Agreement.

Signature	
Print Name (Last Name, First Name)	
Date	
CMAS Licence No:	
Date of Birth	
Signature (if a minor, signature of legal guardian)	
Date	
Name of my NF	
Country	